

BALI BONUS MATERIAL

Unter folgendem QR-Code findest du eine detaillierte Google Map mit all den Orten, die in diesem Buch erwähnt werden – inklusive spannendem Bonusmaterial. Klappt der QR-Code nicht? Dann besuche einfach die Seite indojunkie.com/bali-karte. Viel Spaß auf der Reise!



INHALTSVERZEICHNIS

12

EINLEITUNG

| | |
|--------------------------|----|
| Willkommen auf Bali | 13 |
| High 5 for Bali! | 14 |
| Bali im Allgemeinen | 16 |
| Klima & Reisezeit | 16 |
| Religion & Feiertage | 18 |
| Sprache & Vokabeln | 19 |
| Sicherheitshinweise | 24 |
| Visum & Vorbereitung | 25 |
| Food & Drinks | 26 |
| Finanzen & Wahrung | 29 |
| Transport & Fortbewegung | 31 |
| Unterkunfte | 33 |
| Nutzliche Ressourcen | 34 |

36

NORD-WEST BALI

| | | |
|---|------------------------------------|----|
| #01 | Menjangan Island | 40 |
| #02 | Korallenwunder und Turtle Hatchery | 44 |
| #03 | Tempel-Hopping | 48 |
| #04 | Einfach mal abtauchen | 50 |
| #05 | Expedition Ijen | 54 |
| #06 | Surfing Medewi | 55 |
|  | Buffelrennen in Negara | 58 |
| #07 | Der heilige Baum im Nelkenmeer | 60 |
| #08 | Balians Black Beach | 61 |
|  | Hostels, Homestays & Houses | 62 |

64

RUND UM DIE SEEN BIS LOVINA

| | | |
|-----|---------------------------------------|----|
| #09 | Lovely Lovina | 68 |
| #10 | Naturfreibad | 71 |
| #11 | Heie Quelle & buddhistisches Kloster | 72 |
| #12 | Tempel des Todes | 74 |
| #13 | Secret Garden of Sambangan | 76 |



| | | |
|---|--|----|
| #14 | Naturspielplatz Lemukih | 77 |
| #15 | Wasserfall-Hopping | 80 |
| #16 | Balis verborgene Schätze | 82 |
| #17 | 3-Seen-Tour | 83 |
| #18 | Nungnung Wasserfall | 86 |
| #19 | Jatiluwh Reiskfelder | 88 |
|  | Hot Springs | 89 |
| #20 | Reisfeld- und Wasserfall-Schnitzeljagd | 92 |
| #21 | Gunung Batukaru | 93 |
|  | Candi Bentar | 95 |
|  | Hostels, Homestays & Houses | 96 |




98

RUND UM DEN BATUR

| | | |
|---|------------------------------------|-----|
| #22 | Gipfel-Sonnenaufgang | 102 |
| #23 | Roadtrips & Hot Springs | 105 |
| #24 | Spirit of the Death | 108 |
| #25 | Balis Muttertempel | 112 |
| #26 | Caldera, Black Lava & Lucky Tempel | 114 |
| #27 | Dorfidylle & Bambuswald | 116 |
| #28 | Tempel & Märkte | 118 |
|  | Hostels, Homestays & Houses | 119 |

120

OST BALI – RUND UM AMED

| | | |
|---|-----------------------------|-----|
| #29 | Magic Morning | 125 |
| #30 | Sonnenbaden & Schnorcheln | 126 |
| #31 | Unterwasser-Expedition | 128 |
| #32 | Beach Clean-Up | 132 |
| #33 | Go with the Flow | 134 |
| #34 | Reggae oder Rooftop? | 135 |
| #35 | Sunset Bintang | 136 |
|  | Gunung Agung | 137 |
| #36 | Das Tor zum Himmel | 139 |
| #37 | Küsten-Roadtrip | 140 |
| #38 | Palast-Besichtigung | 141 |
| #39 | Freediving-Erlebnis | 142 |
| #40 | Lazy Beach Day | 143 |
| #41 | Baumhaus-Paradies | 144 |
| #42 | Chocolate Heaven & Swing | 145 |
| #43 | Liberty Wrack | 146 |
|  | Good Food | 148 |
|  | Hostels, Homestays & Houses | 149 |



150

RUND UM PADANGBAI

| | | |
|---|-----------------------------|-----|
| #44 | Gili Inseln | 154 |
| #45 | Sidemen | 156 |
| #46 | Beach Life | 158 |
| #47 | Wracks, Buddhas & U-Boote | 159 |
| #48 | Fledermaushöhle | 161 |
| #49 | Rafting-Abenteuer | 164 |
| #50 | Lombok-Trip | 166 |
|  | Good Food | 172 |
|  | Hostels, Homestays & Houses | 173 |





174

NUSA LEMBONGAN, CENINGAN & PENIDA

| | | |
|---|--|-----|
|  | Schnelle Tipps für Nusa Lembongan & Ceningan | 180 |
| #51 | Road Trippin' | 182 |
| #52 | Beach Vibes | 184 |
| #53 | Inselkino, Sunsets & Live-Musik | 186 |
| #54 | Yoga & Massagen | 187 |
| #55 | 3, 2, 1, Abtauchen | 189 |
| #56 | Surfen und SUP | 194 |
| #57 | Nusa Penida | 196 |
|  | Good Food | 202 |
|  | Hostels, Homestays & Houses | 204 |

206

UBUD

| | | |
|---|---------------------------|-----|
|  | A Perfect Day in Ubud | 212 |
| #58 | Monkey Forest | 214 |
| #59 | Wellness-Oasen | 216 |
| #60 | Ubud Nights | 218 |
| #61 | Balinesische Tänze | 219 |
|  | Barong Dance | 220 |
| #62 | Kokosnuss im Reisfeld | 222 |
| #63 | Eat Pray Love | 224 |
| #64 | Rice Road Trip | 226 |
| #65 | Pool-Tag | 228 |
| #66 | Trash Walks & Trash Heros | 229 |
| #67 | Bike Tour | 230 |
| #68 | Yoga & Meditation | 232 |
| #69 | Goa Maya Höhle | 234 |



| | | |
|-----|-----------------------------|-----|
| #70 | Indo-Kochkurs | 236 |
| #71 | Balis Silberschmiede | 238 |
| #72 | Expedition Wasserfall | 239 |
| #73 | Night Markets | 242 |
| #74 | Ubud Market | 244 |
| #75 | Elephant Cave | 245 |
| #76 | Hidden Canyon | 246 |
| #77 | Wassertempel | 248 |
| | Familienzeremonien | 249 |
| #78 | Green School | 250 |
| #79 | Abenteuertrip | 251 |
| #80 | Museen & Galerien | 253 |
| #81 | Black Sand Beach | 254 |
| #82 | Flussbett-Trekking | 256 |
| #83 | Raw Food | 258 |
| #84 | Sound of Gamelan | 260 |
| #85 | Königsgräber | 262 |
| #86 | Art Workshops | 263 |
| | Good Food | 265 |
| | Hostels, Homestays & Houses | 268 |

270

SANUR

| | | |
|-----|-----------------------------|-----|
| #87 | Beach Walk | 274 |
| #88 | Nachtmarkt | 275 |
| #89 | Oasen der Ruhe | 276 |
| #90 | Spaß im Wasser | 277 |
| #91 | Bar-Hopping | 279 |
| #92 | Turtle Island | 280 |
| #93 | Lost Place | 281 |
| #94 | Bali Kite Festival | 282 |
| | Good Food | 283 |
| | Hostels, Homestays & Houses | 284 |

286

KUTA, LEGIAN & SEMINYAK

| | | |
|------|-----------------------------|-----|
| #95 | Kuta Beach | 290 |
| #96 | Straßenmärkte | 292 |
| #97 | Surfen in Kuta | 293 |
| #98 | Clubs & Live-Musik | 294 |
| #99 | Workshops | 295 |
| #100 | Bali Arts Festival | 296 |
| | Good Food | 298 |
| | Hostels, Homestays & Houses | 300 |

302





CANGGU

| | | |
|---|-----------------------------|-----|
| #101 | Strand-Expedition | 306 |
| #102 | Yoga Heaven | 309 |
| #103 | Canggu Nights | 312 |
| #104 | Fitness-Tag | 314 |
| #105 | Tanah Lot | 315 |
| #106 | Surf Session | 316 |
| #107 | Biken im Reisfeld | 318 |
| #108 | Märkte & Shops | 320 |
| #109 | Felstempel im Meer | 321 |
| #110 | Seseh Village | 322 |
| #111 | Tempel von Mengwi | 324 |
|  | Hahnenkämpfe | 325 |
|  | Good Food | 326 |
|  | Hostels, Homestays & Houses | 330 |



332

BUKIT

| | | |
|---|-----------------------------|-----|
| #112 | Beach Hopping | 335 |
| #113 | Jimbaran | 340 |
| #114 | Ein Hauch von Luxus | 343 |
| #115 | Beach Partys | 344 |
| #116 | Uluwatu Tempel | 345 |
|  | Kecak Dance | 346 |
| #117 | Yoga with a View | 348 |
| #118 | Black Pearl | 349 |
| #119 | Ulu Sunsets | 350 |
| #120 | Nusa Dua | 351 |
| #121 | Bali Culture Park | 352 |
| #122 | Surfer Lifestyle | 353 |
|  | Thomas Beach | 355 |
|  | Good Food | 356 |
|  | Hostels, Homestays & Houses | 358 |

360

ABOUT

| | |
|---------------------|-----|
| Die Autorinnen | 360 |
| Terima Kasih / Team | 362 |
| Partner | 364 |
| Register | 368 |
| Bali Bonus Material | 371 |
| Rechtliche Hinweise | 372 |